

February 2009



♥ Valentine HeartBeat ♥

Calendar

Jan 30	Dentist
Feb 4	Farrier
Feb 13	Vet —Shots
Feb 14	<i>Valentines Day</i>
Feb 18	Farrier
Feb 21	NEOSHA Show Stillwater
Mar 4	Farrier
Mar 7	APP Show Ardmore
Mar 14	NEOSHA Show Shawnee
Mar 18	Farrier
Mar 21	NEOSHA Show Norman
Mar 28	APP Show Waco



Valentines Day 2008
Christina & Chad
 Happy 1 Year Anniversary!



Show Season Begins!
 Be sure to get the schedule and talk with Christina to get your trailer spot for the upcoming shows.
 It's going to be a great year!

- ## Reminders
- ♥ 24 hour notice required on lesson cancellations to receive a make-up
 - ♥ Lesson payment due on your first lesson of the month or late fee will be applied
 - ♥ Please obey 10 MPH speed limit on our road
 - ♥ Do not bring your pets to the barn—VR Liability Insurance Company requires that we enforce this rule

Give your favorite Equine Valentine a special treat this month
 And Remember.....*A Horse Will Love You Forever*

Like Daughter, Like Mother

My daughter, Hailey, began riding horses at age 8 as just another extra-curricular activity, along with dance and drama. Soon she began dropping her other interests to add more riding lessons each week. I never dreamed her love of horses would filter up to me. Two and a half years later, at the end of my first lesson I was hooked. Thus began a bond between a mother and daughter that is more special than anything we have together.

Valentine Ranch is currently privileged to have 9 other mothers and daughters who are enjoying this same lifelong bond. Some are moms who were already riders and have encouraged their girls to learn.

Emma & Chris Dillon

Jana Rippey & Marla Galbraith (grandmother)

Madeline & Gayle Farber

Danielle & DeAnn Killion

Kassidy & Kathleen Treanor

Ariana & Lezel Safi

Amanda & Julie Bryan

Heather & Deanna Luckinbill

Grace & Denise Slaff

It is a joy to see these moms follow in their daughters stirrups...and mothers passing on the tradition.....Keep the bond going!

Jennifer

**ALL I NEED TO
KNOW I LEARNED
FROM MY HORSE**

“Do unto your horse as you would have your horse do unto you.”

Cold Weather *Musts* for Riders:

DRESS WARM when you come to the barn, even if we ride inside.

The key is *LAYERS*.

1. Wear a layer under your riding pants (long underwear or tights)
2. Wear 2 layers of socks (1 thin pair under your thicker pair)
3. Wear 3-4 layers up top, for example, I wear a tee shirt, then a thinner sweat shirt, then a thicker hoodie, plus a jacket. If I get too warm I can always take off a layer. If I'm too cold, guess what, I'm miserable and don't enjoy my ride.
4. **Always wear gloves.**
5. Wear something on your head or at least your ears that will fit under your helmet.



Be sure and check out our webpage ♥ www.ValentineRanchOK.com ♥ If you have pictures or news send them to Jennifer@ValentineRanchOK.com or bring them to the barn